

# One Eighty Ministries

Don't turn to the right, don't turn to the left, do a u-turn to God.

August 2010 Issue

## U-Turns: Ministry News



### Frog Follies Fundraiser

One Eighty is going to Evansville the last weekend of August to help raise funds for the Evansville Dreamcenter. We will be helping park cars and direct traffic at the Frog Follies. The organization heading up Frog Follies will in turn pay for our services. Volunteers will receive a DC t-shirt. Ask Brian for details.

### LA Dream Center Mission Trip

The One Eighty Team is heading for Los Angeles in Summer, 2011. Projected costs are over \$12,000. Five of our team have reported their costs are covered! Praise God! Please consider helping raise funds or making a donation to help the rest of the team cover their costs.

This trip is critical for the training of our team. Please call Brian at 812-774-0949 for information on how to help.



**Featured Devotional: Don't Get Stuck in Your Transition**  
By J. Lee Grady from [Charisma.com](http://Charisma.com)

Brian & DeAnne Splittorff are in charge of this ministry to families in need of clothing, shelter, sanitation and hygiene items. They assist by not just giving a hand out but giving a hand up through education. They teach practical application techniques to first change and then improve the lives of those they minister to.

- Follow us on Twitter. Our name is One80.
- Visit us on the web: [oneeightyministries.weebly.com](http://oneeightyministries.weebly.com)
- Email us at [brian\\_splittorff@yahoo.com](mailto:brian_splittorff@yahoo.com)

*When moving from point A to point B, we sometimes feel trapped in between. Trust God to guide you to your destination.*

A few months ago I passed through the tiny community of Between, Ga. With a population of only 148, the place is not much to write home about. (And besides, it doesn't even have its own zip code). The town got its name because it's halfway between Atlanta and Athens, Ga. But as I passed the local convenience store I couldn't help but imagine the strange reactions I'd get if I lived there.

"Where are you from?"  
"I live in Between."  
"In between what?"  
"In Between, Georgia."  
"In between Georgia and what?"  
"Oh never mind."

I doubt I'll ever move to that town, but the truth is that many of us are living "in between"—because we are in the midst of a major transition. Some of us know where we're going but we feel we're stuck halfway. Or we may sense God is moving us into a new spiritual assignment, yet the process of getting there is inching forward about as fast as a Siberian glacier.

I'm in the midst of my own big changes in career and ministry, and I've been struggling with all the emotions that accompany a major transition. I've battled doubts ("Did God really promise this?"), fears ("What if He doesn't provide?"), confusion ("Last week I was sure; this week I'm not so sure") and impatience ("OK, Lord, I need some answers NOW!").

But as I navigate this journey, I'm discovering there are some things we can do to make the transition smoother.

**Make sure you let go of the past.** Sometimes we get stuck in spiritual limbo because we're holding on to memories, relationships or what is secure and comfortable. The unbelieving children of Israel wandered in the wilderness of Sinai for 40 years—and never completed their transition—because they were so homesick for Egypt. When Naomi felt called to return to Bethlehem, her daughter-in-law Orpah refused to go. She preferred what was culturally familiar. Leave nostalgia behind and embrace the new season.

**Renounce your doubts.** If we're not careful we can fall into the trap of double-mindedness. We say we want to go to our promised land, but we hesitate—and all such foot-dragging is doubt. We say we want to go forward, but we are like a moving car that has its parking brake engaged. Faith requires you to release the brake.

James warns the double-minded person: "For that man ought not to expect that he will receive anything from the Lord" (James 1:7, NASB). Doubt will stop you from shifting forward.

**Welcome those God sends to help you.** We're not supposed to make transitions on our own. God uses people to push us to the next level. The body of Christ has many members, and those who are gifted as prophets, intercessors, wise counselors and encouragers will always show up when you are in strategic moments of transition.